



### **GHA Resident Services Newsletter**

## A Word From Management

Your lobby is important. It's the first impression of your building. A lobby that is free of clutter makes a great first impression. Galveston Housing units are not nursing homes. These buildings are independent living sites. We all can take ownership of how our

buildings are presented. To be in compliance with building regulations and for safety we ask that residents do not move furniture from the common area. Do not move chairs, wheelchairs, or walkers to the front entrance in the lobby to sit or store these items.

The area around the front sliding doors must be kept clear at all times. It is also not managements responsibility if these personal items are stolen from the front sliding door area after being left unattended.



using resources for personal benefit such as SSI benefits, property and other resources. If you know someone being mistreated contact 1-800-252-5400 to report.

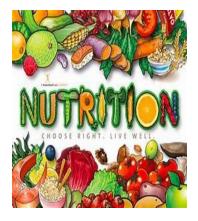
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#### **Maltreatment**

Many people who are elderly or have disabilities, live alone or are dependent on others for care. Vulnerable adults may no longer be able to provide for their own health and safety. They may need help with meals, medical care and other daily activities. Unfortunately there are people taking advantage and mis-





### **Nutrition Class**

Texas A&M
AgriLife will be conducting a better living course to expand our food and nutrition education.
These hands on sessions teach participants basic

nutrition methods to prepare meals on a limited budget, keeping foods safe and tips to increase physical activity. There will be 3 classes for each building

with the 1st beginning with Holland House Feb. 14, 21 & 28 and Gulf Breeze in Mar. 6, 13 & 20 those who complete all 3 will receive a certificate of completion.

#### **Medicare Benefits**

"Your life is your message to the world. Make sure it's inspiring."

Area Agency on Aging counselors Malorie and Alex will be returning to Gulf Breeze February 7th at 10:30 am to help any resident to learn more about which plan is a right fit for

you, also to help residents better understand the plans provided to them through Medicare. This includes the best plan to save money on prescription medication,

hospital visits and how to get transportation to and from doctor appointment. Please bring your red, white and blue Medicare card and I.D. All sites are welcome.

## **United Healthcare Movie**



Residents who receive Medicaid or Medicare United Healthcare invites you to a free movie. Each participant will receive a movie ticket, popcorn and a drink. United

Healthcare would like to tell you about the services that they offer and show appreciation to existing clients. The movie showing "The Greatest Showman" will be Feb. 13.

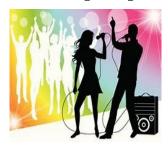
Please contact Resident Service (409) 770-3015 to sign up and reserve your seat. All sites welcome and rides will be provided.

## **Karaoke Lottery**

Calling all Country singers, Jazz singers, Rhythm & Blues, Rappers and Rock Stars come out have fun and move to the music. Choose your song. Sing solo or partner up. To

play Karaoke lottery you must choose a song pick a number 1 through 100 near the end a number will be drawn to win the prize. The more you sing the better your chances.

Audience members are needed too. Feb. 19th Gulf Breeze & Feb. 20th Holland House 4pm-7pm.





#### **February** Word of the Month

Frescade

fres@cade

A cool walk: shady place

#### **Mardi Gras Galveston**

Mardi Gras 2018 Mardi Gras will Feb. 2-13. Kickoff be adding Food parade will be Feb. 3rd at 57th & Seawall 11am and 6pm. Feb. 10 and exciting adat 27th & Seawall dition will allow 11am. This year

Truck Park on 22nd & The Strand. This new you to experience new cuisines from all over the U.S.



## **Events Around Galveston**

Galveston Historical Foundation welcomes you with these special tours. Fat Tuesday tour of the 1838 Menard

House Feb. 13th, Tour of the 1859 Ashton Villa Feb. 20th, Tour of the 1877 Tall Ship Elissa Feb. 21st and Tour of the

1859 ST. Joseph's Church Feb. 27th all tours will be 10 am-11am. Eventbrite.com to reserve your spot.







#### Across

- 1. Makes a hole
- 5. Health clubs
- 9. Tailor
- 14. Norwegian port
- 15. Cozy place
- **16**. Immature insect
- 17. Not ever, poetically
- **18**. Opera solo
- **19**. Thinker \_\_\_\_ Newton
- **20**. Wobbling
- 22. Aspect
- 23. Sub store
- 24. Pressed
- 26. Early calculator
- **30**. Lymph \_\_\_\_
- 32. Fragrant shrub
- 33. Flock mothers
- 34. Reverence
- **37.** Visible to the audience
- **40**. Type of football pass
- 42. Conceit
- **43**. High
- **45**. Kilns
- 46. Gent (sl.)
- **47**. Invent
- 48. Interior
- **51**. Unadorned
- **53**. Evaluate
- **54**. Acceptance of others
- **59**. Wrong
- **61**. Skills
- **62**. Leafy plant
- 63. Molars
- 64. Steak, e.g.
- **65**. Dry
- **66**. Writing assignment
- 67. Makes a mistake
- **68**. Steals from

1	2	3	4		5	6	7	8		9	10	11	12	13
14		$\dagger$			15					16	+			
17	+		+		18		+			19			+	
20			+	21							22	+		
				23					24	25		+		
26	27	28	29				30	31						
32	1		+				33		+			34	35	36
37	1		+		38	39		40	+		41			
42	1			43			44			45		+		
			46						47				+	
48	49	50					51	52		+				
53	+		+			54			+	+	55	56	57	58
59	+		+	60		61					62	+	+	
63			+			64					65	+	_	
66			+			67			+		68			

#### **DOWN**

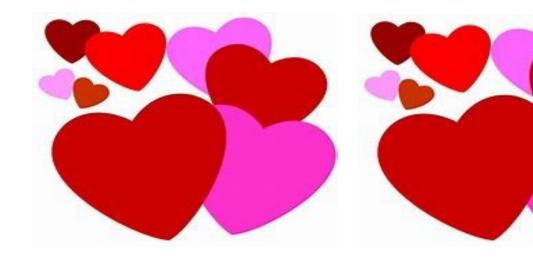
- 1. Stop that!
- **2**. Psychic's phrase (2 wds.)
- 3. Happiness
- **4**. Variety
- 5. Catches
- **6**. Hazard
- 7. Ridiculous
- 8. Deer
- **9**. Heavyweight great
- **10**. Rodeo ropes
- 11. Locomotive
- **12**. Avoid
- 13. Rushed
- **21**. Taught

- 24. Notion
- **25**. Renovator
- **26.** Lily species**27.** Singer
- Crosby
- 28. Moreover
- 29. Purring pet
- **31**. Hooting bird
- **34**. District
- **35**. Desire
- **36**. Other
- **38**. Strong wind
- **39**. House wing
- **41**. Eden dweller
- 44. Worker

- 46. Spanish party
- **47**. Tops of waves **48**. Wrathful
- **48**. Wrathful
- **49**. Designates **50**. Pigs' homes
- **52**. Church table
- **54**. Gentle
- **55**. Not nearby
- **56**. Roman tyrant
- 57. Infant's bed
- **58**. Goals
- **60**. Timid



Tony Sweet	February 2	Alan Decker	February 18
Raneisha Hill	February 2	Jackie Lackey	February 18
James Fisher	February 2	William Crane	February 20
Jessie Henderson	February 2	Cira Ines Casas	February 21
Gwenda Phillips	February 3	Maria Negron Yombo	February 24
Joe Benavides	February 3	Ronnie Riles	February 26
Geneva Pete	February 9	Troy Tidwell	February 26
Carmelo Fields	February 11	Lawrence Whitmire	February 26
Annie Townsel	February 13	Velma Mitchell	February 26
Angelina Banda	February 15	Mary Helen Thompson	n February 29







February 2 Mardi Gras Galveston Begins

February 6 New Year, New You-Gulf Breeze 10am-11am

February 7
Benefits Counselors-Gulf Breeze
10am

February 8
New Year, New You-Holland House
10am-11am

February 12 Resident Council Meeting-Holland House 3pm-4pm

> February 14 Nutrition Class-Holland House 10am-11am

February 19 Karaoke-Holland House 4pm-5pm February 20 Karaoke-Gulf Breeze 4pm-5pm

February 21 Nutrition Class-Holland House 10am-11am

> February 26 Jesse Tree-Gulf Breeze 1pm-3pm

February 27
Jesse Tree-Holland House
10am-12 noon

February 28 Nutrition Class-Holland House 10am-11am

February 28
Jesse Tree– The Oaks
10am– 12 noon

## February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 All Sites	6 HH	7 GB	8	9	10
	Dollar Tree AM Randalls PM	Walmart AM Krogers PM	Walmart AM Krogers PM			
11	12 All Sites	13 HH	14 GB	15	16	17
	Dollar Tree AM Randalls PM	Walmart AM Krogers PM	Walmart AM Krogers PM			
18	19 All Sites	20 HH	21 GB	22	23	24
	Dollar Tree AM Randalls PM	Walmart AM Krogers PM	Walmart AM Krogers PM			
25	26 All Sites	27 HH	28 GB			
	Dollar Tree AM Randalls PM	Walmart AM Krogers PM	Walmart AM Krogers PM			

Store trips are every Monday, Tuesday and Wednesday.

Pick up for AM trips start at 8:00 am. The last building pick up is 9 am. All shopping must be completed by 11:15 am.

Pick up for PM trips start at 12:15 pm. The last building pick up time is 1:00 pm. All shopping must be completed by 3:00 pm.

#### **GHA Contact Information**

Executive Office (409) 765-1905 Mona Purgason, ED

Central Maintenance/After Hours (409) 765-1921

John Williams, Director

Public Housing/ HCV

(409) 765-1906 Maria Godwin, Director

**Gulf Breeze** (409) 765-1925 Michelle Holt, Manager Mary Toussant, Assistant Manager

Holland House (409) 765-1922 Caressa Lynch, Manager

Charles McVey, Assistant Manager

Resident Services (409) 765-1920 Odelia Williams, Director

(409) 770-3015 Tyese Sweet, Coordinator Charles Fields, Transportation (409) 370-5698

**GHA Email** info@ghatx.org

GHA Website www.ghatx.org

**GHA Tip Line** (409) 765-1917

Police Non-Emergency (409) 765-3702



FREE In- Person Tax Preparation

Feb. 1st - Apr. 17th

Rosenberg Library 2310 Sealy St.

Mon 9:30-8:00

Fri 9:30-4:00

# Did You Know? We're On The Web

GHA is on Twitter and Facebook! Stay up to date on GHA's Holiday closings, safety and weather information and updates in times of emergency.



# Search Galveston Housing Authority



# Follow us on Twitter @GalvestonHA

6					9	8		
	5						4	
4			3	2				1
				3	1			4
7								8
1			9	4				
8				7	3			9
	9						8	
		2	1					3